

Solihull Young Carers

- Are you aged between 5 and 18?
- Do you help care for someone, maybe a parent or sibling?
- Do they have an illness or disability including mental health, alcohol/substance misuse or HIV/AIDS?
- Do you live or go to school in Solihull?

If so, then you may be a young carer and Solihull Young Carers' may be able to help.
For more information on how we can help, please contact us.



0121 788 1143
youngcarers@solihullcarers.org

**solihull
carers centre**
local support for local people
looking after family or friends



**The
Solihull
Partnership**

Children and Young People's Trust
Improving outcomes for children in Solihull

